



Repairing 1984-1989 Toyota 4Runner Idler Arm

This guide shows how repair an idler arm, once it is off the vehicle.

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INTRODUCTION

The idler arm is an essential part of the steering and suspension system on a truck. This guide shows how to replace the most common broken part on an idler arm. Check this guide to learn how to take one [off](#).



TOOLS:

- [Hammer](#) (1)
 - [Socket Wrench](#) (1)
 - [Torque Wrench](#) (1)
 - [Small Vise](#) (1)
 - [Penetrating Lubricant](#) (1)
 - [Safety Glasses](#) (1)
 - [Latex or nitrile gloves](#) (1)
 - [Socket 19mm](#) (1)
 - [A thin flat head screwdriver](#) (1)
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Step 1 — Repairing 1984-1989 Toyota 4Runner Idler Arm



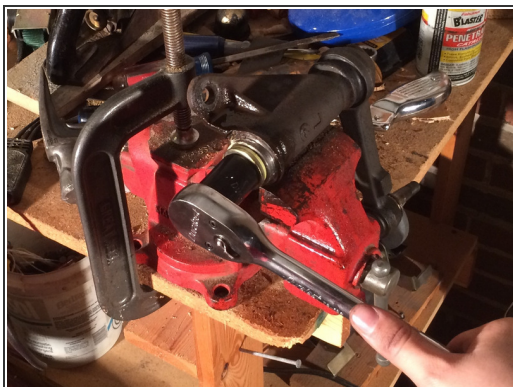
- First the Idler arm must be removed from the truck. Another guide has instructions to [take the arm off](#).

Step 2



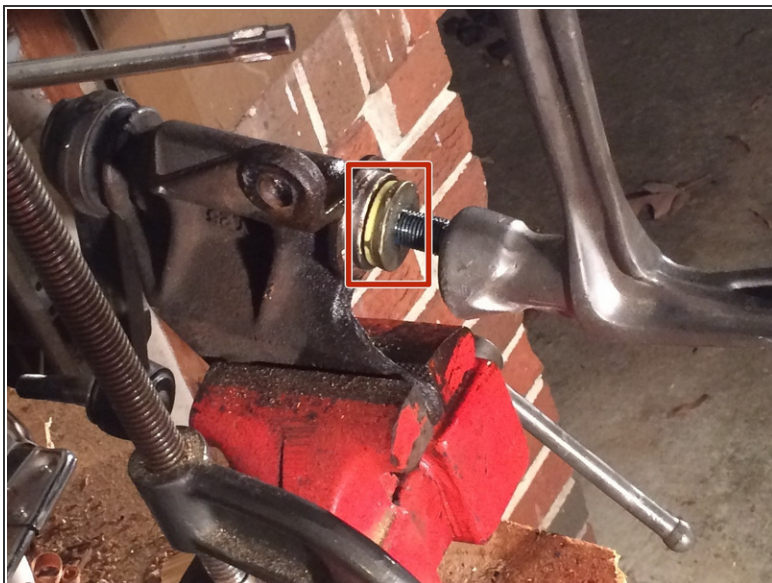
- Place the arm in a vise.
- Spray the cap with penetrating lubricant.
- Using a screw driver, tap the idler arm bracket cap off.
 - ❗ If it will not come off easily, then check out the [trouble shooting page](#).

Step 3



- Using a 19 mm socket, take the nut off from inside the idler arm bracket.
- If the arm rotates in the bracket, then it can be taken out of the vice and placed on the ground.
- Once on the ground, your foot can be used to stop the arm from rotating and enable you to put torque on the nut.
- Once the nut is off, the arm can be gently tapped out of the bracket.

Step 4



- Remove the oil seal.
- Remove the plastic bushings with a flat head.
 - Both bushings and oil seals should be removed and replaced.
- Fill the bracket with MP grease and then put the arm back into the bracket.
 - Wipe off any grease that squeezes out of the bracket.

To reassemble your device, follow these instructions in reverse order.

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